

Recess Full Bio (2022)

Recess is an Epic and Theatrical Pop / Alternative band that formed in early 2008 in Cleveland, Ohio. With Vincent Fondale on lead vocals and Alex Raz on guitar (ages 7 and 9), the two started one of the youngest touring bands in the Northeast. A year later, they formed the band Recess, adding Anthony Fondale on keyboards and Arslan Khan to play drums (both 12 years old). Throughout the next 8 years, Recess played across the US and began to write and form their uniquely catchy cinematic pop sound. With Anthony producing / engineering alongside sound engineer Freddy DeMarco out of DeMarco's Recording Studio in Hudson, OH, the band released their first two EP's: "Boundary Lane" (2018) and "From Dust to Gold" (2019). After releasing their [first music video](#) for the band's song "Leaving Home" (directed by Brad Golowin), it was immediately featured on the premiere music blog for emerging artists, Kings of A&R. Recess was then selected and became semifinalists on [Top Golf's "Who Will Rock You"](#) TV show (2019), which was followed by an influx of press that can all be found here: www.recessbandofficial.com/press.

Recess is best known for their energetic, epic, and memorable live performances. Before 2020, the band had played numerous music festivals like Celebrate Fairfax in VA and Musikfest in PA, performed on TV shows like [Wonderama](#) in Times Square, NYC, and venues from the Viper Room in Hollywood, CA to the Cowan in Nashville, TN. During 2020, Recess [performed virtually](#) for Canadian Music Fest and Finsperry Music Fest in the UK. Highlighting 2021, the band won 2nd place in Goodyear and the Rock Hall's national "From Garage to Glory" contest. January the following year (2022), the band released their jovial and epic single "[Home Away From Home](#)", which was immediately placed on Apple's official "New in Indie" playlist. Subsequently in March, their hard-hitting, indie pop song "[Woke Up In California](#)" dropped. These two singles have collectively accumulated 22,000+ streams and counting on [Spotify](#) alone. Recess's 3rd EP in its entirety is set to release in May of 2022 alongside the band's return to what they're known for: their high-energy, enrapturing live performances.

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